



## **Athletics Volunteers:**

### **Overview:**

Athletics Volunteers serve to plan and supervise all sports and recreation activities taking place in the Athletics program. This includes overseeing the weight room, gymnasium, dance studio, and outdoor sports fields.

### **Responsibilities:**

- Preparing youth for athletic competitions
- Instructing participants in the skills and techniques of the position played in the sport
- Staying up to date with current sports knowledge and coaching techniques
- Explain and enforce safety rules and regulations on sports, recreational activities, and the use of exercise equipment
- Partaking in games with the youth

### **Qualifications:**

- Experience working with urban youth
- Basic knowledge of sports
- Fun and positive attitude
- Ability to partake in physical activity
- Former or current athlete is a plus
- Experience coaching or refereeing is a plus

**Hours:** Monday-Friday 2:00 pm- 8:00 pm- *Must be available at least one day a week*

Interested?

Pease contact the Volunteer Manager, Lindsey Andella at:

Email: [landella@lbgc.org](mailto:landella@lbgc.org)

Tel: (978) 458-4526 x20

or [click here](#) to complete an online Volunteer Application